

Your fun and safety are important to us. Please be a  
**RESPONSIBLE DIVER**  
and adhere to the following guidelines.

1. Familiarize yourself with the dive site (see map and ask for orientation).
2. Dive within your training limits and experience level.
3. Monitor your air supply and surface with a minimum of 500 psi as a reserve.
4. Surface within the bounds of the park. Should you surface outside the park, descend and swim back into the park or signal for help!
5. Beware of and avoid entanglements and areas of kelp.
6. Stay within the safe limits of the dive table or computer you are using. Avoid decompression dive and bounce dives.
7. Ascend slowly and do not exceed an ascent rate of 60 ft/min. Make a 3 minute safety stop at 15 feet air supply permitting.
8. Beware of and use caution entering and exiting on the rock or stairs. Time your entry or exits with the incoming swells and use care, as the rocks can be very slippery, particularly during low tide.
9. Adhere to the buddy system throughout the dive. Plan your dive – including communications, procedures for re-uniting in case of separation, and emergency procedures (including out of air) – with your buddy.
10. Maintain neutral buoyancy during the dive and positive buoyancy at the surface.

Thank you.